

Based upon the principles of the Nguzo Saba, our **Man-to-man** program employs modules geared toward soundly teaching young men of color important and fundamental principles which will help them thrive in today's society. The seven principles are as follows:

- Umoja - Unity
- Kujichagulia - Self-Determination
- Ujimaa - Collective Work and Responsibility
- Ujamaa - Cooperative Economics
- Nia - Purpose
- Kuumba - Creativity
- Imani - Faith

For more information or to contract  
Invictus Youth Initiative's  
**MAN-to-man Program**  
for your school, organization, or child,

Contact us at:

Email: [Invictus@TheDBNA.org](mailto:Invictus@TheDBNA.org)

Phone: 718.797.2184

Website: [TheDBNA.org/Invictus.youth](http://TheDBNA.org/Invictus.youth)



DOWNTOWN BROOKLYN NEIGHBORHOOD ALLIANCE'S  
INVICTUS YOUTH INITIATIVE  
PRESENTS

**MAN-to-man**

A RITES  
OF  
PASSAGE  
PROGRAM



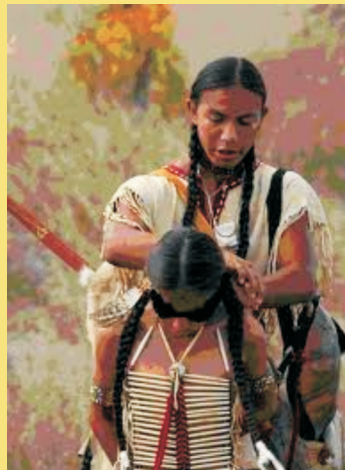
# MAN-to-man

## A Rites-of-Passage Program for Young Men

Today, young men of color are faced with challenges like no other generation before them. These challenges include peer pressure, gang violence, single parent homes, unsafe neighborhoods, a lack of physical outlets and social resources, and a general societal apathy surrounding men of color and positive achievement.

Invictus Youth Initiative's **MAN-to-man** Program is a rites-of-passage program designed to methodically address important areas of development at a critical point in a young man's life.

The primary goal of MAN-to-man is to enhance the innate brilliance of young men, and propel them into the world as well-rounded polestars, game changers, community and world leaders.



Using the African American principles of the Nguzo Saba and modules entitled "The Self," "The Other," and "The Community," young men participate in workshops which include topics such as:

- Political Studies and History (local, national, and international)
- Conflict Mediation, Self-defense, Economics
- Philosophies of the World, Geography, Culture
- Relationship Building, Respect for Elders, Respect for Self
- Respect for Women
- Academic Excellence
- Character Building
- Leadership Skills
- Soft Skills (Eye contact, handshaking)

**We are building the total man, and deliberately teaching skills and lessons congruent with achieving that goal.**

Interaction with guest speakers and Elders gives our young men a sense of placement and pride. Additionally, interactions with Elders who engender knowledge and understanding of legacy and history, enable young men to clearly see themselves and their importance in the community.

Our international component gives students the opportunity to establish relationships with their peers on the African Continent via Skype, email and/or regular mail. This segment culminates with a trip to Africa (Ghana, Senegal, or South Africa) which allows our young men to further connect with their roots and history and develop a global consciousness.

